

What advice would you give sm starting high school? You may write about one piece of advice or more. Explain why you think it is important and write a composition stating and explaining your opinion

In the movies, high schools are depicted as mean places where teens deal with problems such as self-esteem, peer pressure, hormones, and test anxiety. There is no doubt that important insights can be drawn from these films. In my view, finding a group of friends you trust is the best advice I can give to make your time in high school easier.

First, friends will protect you. The puberty phase usually makes teens think irrationally, leading to questionable decision-making. As I see it, having friends who question your choices might just be the difference between getting in trouble and staying safe and secure. In addition, studies show that intimidating a group of people is much harder than a single person. **By sticking with a group of friends, you might deter bullies from approaching you and your friends.** As a result, your time in high school will be as safe as possible.

Second, study groups are an effective tool. In my opinion, studying in a group and sharing each person's knowledge with others will enhance your understanding, which will result in better preparation for the coming tests. Additionally, having a competitive environment within your friend group will give you the drive you need to study harder and succeed. Consequently, one will develop and improve important **social and studying skills** for the future .

In conclusion, making friends in high school is an especially effective course of action, as it will make you **safer and smarter**. It's about time teens stopped being lone wolves and started making friends for everyone's benefit.

What subject/s should be changed in the school curriculum?

It is a well-known fact that there is a gap between the subjects that are being taught in school and the subjects that will come in handy in the future. Therefore, as I see it, a change in the school curriculum must be made: Financial Education should be added, and Literature could be removed.

First, I believe that knowing how to manage money properly is an important key in adults' lives. In reality, where the cost of living keeps rising, buying a house or a car has become an almost impossible goal. However, if teens learn Financial Education from a young age, they will acquire important tools for life such as budgeting, saving, and debt management. Consequently, young people will be able to achieve their aims.

Second, it is a known fact that over the years the main purpose of studying literature has changed from understanding to memorizing. The literary pieces in the Bagrut exam include poems and stories that students find hard to relate to. They are passionless about the learning material and don't benefit from the important insights the authors try to convey. This is why I think that literature has lost its purpose and should be removed.

To sum up, there is no doubt in my mind that it's time the Ministry of Education added Financial Education and removed Literature from the curriculum. Better late than never.

Man

What is the greatest/worst invention of man? Choose one or two inventions and write a composition explaining your choice.

For years, people all around the world have taken for granted one of the greatest inventions of all—the refrigerators. Day after day, we automatically open our refrigerators without realizing the benefits of this essential invention. In this essay, I will discuss why, in my view, it is revolutionary.

First, maintaining food freshness helps keep us healthy. Research shows that various foods, such as dairy products, meats, and vegetables, spoil quickly if not kept at the proper temperature. As a result, consuming spoiled food can lead to various illnesses.

In addition, keeping food in the refrigerator can save money. In other words, it allows food to last longer. It also helps reduce food waste by preventing items from spoiling quickly. Consequently, people do not need to spend as much time or money buying the same products repeatedly.

In conclusion, the refrigerator not only keeps food fresh and prevents diseases, but it also offers economic benefits. There is no doubt in my mind that this is an invention that comes around once in a blue moon.

